



**Exclusive Data Partner** 

In partnership with our Exclusive Data Partner, Equilar, our latest analysis of the Russell 3000 shows that women **continue to hold 30.1% of corporate board seats**, unchanged from the previous quarter and slightly below the Q1 2025 peak of 30.4% (based on 2024 company data). In Q3, the index included 2,918 active companies, reflecting a drop of 43 companies—the largest quarterly decline to date, compared to the typical attrition of around 30 companies.

Of the 448 new board seats added this quarter, **only 22.5% were filled by women, marking the lowest rate in the past decade**. At this pace, the overall percentage of women on boards may begin to decline in upcoming quarters. Notably, 42% of companies in the index still have two or fewer women directors, underscoring the persistent underrepresentation of women at the board level. **Women of color hold 7.6% of all board seats**, a modest increase from 7.4% in Q2, yet below the 7.7% recorded in Q1 2025.



of board seats are held by women.



of board appointments were women; a decline from 28.4% for the first half of 2025, and 32% for all of 2024.



of newly filled seats by women were seats added to boards.



## COMPANY RATINGS

In Q3 2025, 43 companies dropped off the Russell 3000 Index due to mergers, delistings, or business closures, affecting gender composition on boards. The number of gender-balanced boards declined by 12 companies, lowering the share of GB boards



from 13.5% to 13.3%. Boards with 3+ women decreased by 6 companies, but rose slightly from 44.0% to 44.4%. Companies with 2 women and 1 woman on their boards decreased by 19 and six companies, respectively. While the number of companies with zero women on their boards increased by 10—from 64 to 74—shifting from 2% to 3%.

GB BOARDS

388 companies, down by 12 companies from Q2 2025.

3+ BOARDS

1,297 companies, down by 6 companies from Q2 2025.

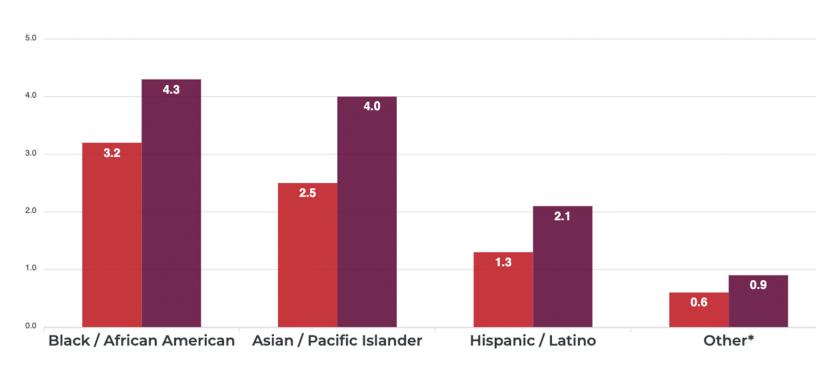
2 OR LESS WOMEN

759 companies or 26% have 2 women; 400 or 14% have one woman; and 74, or 3% have 0 women.

## **RACE & ETHNICITY**

In the latest findings, **42% of directors disclosed their race and ethnicity**, the same as the previous quarter. It is especially noteworthy that 51% of women reported race/ethnicity while only 38% of men did. **People of color hold 18.9% of board seats**, up from 18.7% last quarter, but down from 19.2% in Q1 2025. Women of color hold 7.6% of the board seats, while men of color hold 11.3%. The breakdown of public company directors by race and ethnicity, for both women and men, is as follows:

Women



Men

## COMPANIES BY SECTOR

The Utilities sector continues to stand out with 35% women on boards and 29% gender-balanced companies. There is only one utility company with zero women and only 13 that have fewer than 3 women. The Energy and Financial Services sectors are the least gender diverse with less than 26% and 28% women and 5% and 9% gender balanced companies, respectively.



UTILITIES

**35**% Women on Boards **29**% Gender-Balanced Boards



**CONSUMER DEFENSIVE** 

**33**% Women on Boards **20**% Gender-Balanced Boards



**CONSUMER CYCLICAL** 

**33**% Women on Boards **18**% Gender-Balanced Boards



**REAL ESTATE** 

**32**% Women on Boards **18**% Gender-Balanced Boards



**HEALTHCARE** 

**30%** Women on Boards **16%** Gender-Balanced Boards



### **TECHNOLOGY**

**30%** Women on Boards **11%** Gender-Balanced Boards



**INDUSTRIALS** 

**30%** Women on Boards **10%** Gender-Balanced Boards



### **BASIC MATERIALS**

**30%** Women on Boards **10%** Gender-Balanced Boards



### **COMMUNICATION SERVICES**

29% Women on Boards
14% Gender-Balanced Boards



#### **FINANCIAL SERVICES**

**28**% Women on Boards **9**% Gender-Balanced Boards

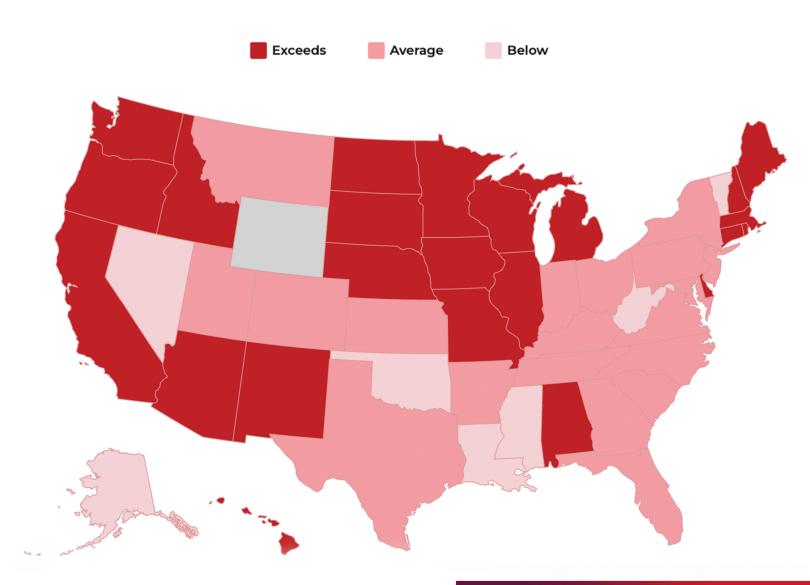


#### **ENERGY**

**26**% Women on Boards **5**% Gender-Balanced Boards

## **STATE PROGRESS**

Our state-level data reports on the percentage of women on boards and gender-balanced publicly traded companies. Of the states with at least 25 companies, Washington and Minnesota continue to lead with 33.5% and 33.3% women on boards, respectively (a 0.6 percentage point increase for Washington and no change for Minnesota from the previous quarter). Washington has 21.8% gender-balanced companies, while Minnesota has 17.9% gender-balanced companies. Nevada has the fewest women on boards at 23.1% followed by Utah at 26.8% and Pennsylvania at 26.9%.



## WHEN WOMEN LEAD

Our findings continue to underscore a clear correlation: When women lead, boards move closer to gender parity, with both the percentage of women and women of color on boards exceeding national averages. Conversely, in the absence of women in leadership, both metrics fall below the national average. This highlights the pivotal role women play in driving diversity on corporate boards.



**WOB** = Women on Boards

**POC** = People of Color

W POC = Women People of Color

GB = Gender Balanced

#### **Women CEO: Women Board Chair: Women Nom Chair:** 225 Companies 974 Companies 285 Companies **WOB WOB WOB** 42% 38% 33% POC POC POC 21% 21% 20% WOC WOC woc 10% 8% GB GB GB When Women Hold All Three **One Woman Leader:** No Women Leaders: Positions: 32 Companies 1,227 Companies 1,691 Companies **WOB WOB WOB** 48% 34% 27% POC POC POC 26% 20% 18% WOC woc woc 14% GB GB GB 53%

### **METHODOLOGY**

50/50 Women on Boards Gender Diversity Index ™ reports on the gender composition of corporate boards on the Russell 3000 Index. Using the data provided by our Exclusive Data Partner Equilar, we analyze, track, and publish data on our website in our Gender Diversity Directory. This report reflects data as of September 30, 2025, with 2,918 active companies on the Russell 3000 Index.

# START YOUR BOARD LEADERSHIP

### Search or Support Others on Their Journey

### **What Women Can Do**

**Advocate:** Highlight and share your expertise for boards

**Invest:** Request employer-funded programs to advance your board journey.

**Network:** Volunteer, join non-profit boards, attend events, and outreach to your contacts to ensure they are aware of the board opportunity you are seeking.

**Be Intentional:** Leverage our GDI directory to narrow down your board search.

## What Corporations Can Do

Career Support: Provide employee engagement programs that sponsor women's board readiness training.

**Partnership:** Support organizations like 50/50 Women on Boards to advance women.

**Diversity:** Aim for a board with at least three or more women and leverage diverse candidate lists like 50 Women to Watch for Boards.

### **What Men Can Do**

**Promote:** Mentor and recommend women for board roles actively.

### **Inclusive Boards:**

Encourage women's contributions, especially with fewer than two women on the board.

**Succession:** Ensure women, including women of color, are on board candidate lists.







